



September 8, 2009

Dear Parent or Guardian,

Since the H1N1 (Swine Flu) outbreak last spring, the Center for Disease Control (CDC) continues to describe this new strain of flu as a highly contagious pandemic flu. CDC along with the city of Houston and Harris County Health Departments expect it to affect a broader spectrum of communities worldwide than traditional seasonal flu.

Since schools are places where hundreds of children and adults interact on a daily basis, we will be following the guidelines for preparation, prevention, and protection recommended to minimize the spread of H1N1 in our community.

- **Students and staff must stay home with H1N1 symptoms, including a fever.**
- **Students and staff may not return to school until they are fever-free for 24 hours without the aid of a fever-reducing medication.**
- **Students' temperatures will be checked upon return to school.**

For updated information about H1N1, please monitor the district website at www.houstonisd.org/H1N1 and on HISD-TV on Comcast Channel 18. It is important to practice healthy living and good hygiene by getting plenty of sleep, eating a balanced diet, drinking plenty of fluids, washing/cleaning hands frequently, and covering coughs.

It will take all of us working together to minimize the affect of H1N1 this year. I appreciate all of your efforts in keeping the community, especially our students, healthy and safe.

Sincerely,

Amber Wilson
Principal
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Hope Academy's mission is to cultivate students into creative builders of their future who exemplify exceptional character. We enable all students to succeed by providing an accelerated academic program, flexibility, and engaging relationships within a mutually respectful learning environment.